

We are delighted to welcome you to Regards to try our extensive range of wonderful dishes. we have many of your favourites alongside a careful selection of our chef's recommendations. We maintain a high quality of daily fresh cooking all beautifully prepared and remaining true to the regional cuisine of Asia.

We like to believe that we have created a restaurant for tomorrow, we are all dedicated to ensuring you enjoy your meal from Regards.

## Something To Start Traditional Starters

(SERVED WITH SEASON GREENS)

PAPADOMS WITH CHUTNEY	£0.60
CHICKEN TIKKA	£3.50
TANDOORI CHICKEN	£3.50
SHEEK KEBAB	£3.20
LAMB SAMOSA	£2.90
CHICKEN PAKORA	£3.90
CHICKEN PURI	£3.90
MIXED STARTER	£4.20
Sheek kebab, chicken tikka, & onion bhajee	
BARRAH CHOPS 	£5.50
Lamb chops marinated overnight in yoghurt, garlic and spices..	
KODI VEPUDU	£4.90
Sliced pieces of chicken breast, cooked in yoghurt & curry leaf sauce. (sweet & spicy)	
REGARDS PLATTER (for 2)	£9.90
Selection of tandoori barbecue, baby lamb chop, tandoori chicken, chicken tikka, sheek kebab & fish	

## Sea Food Starters

(SERVED WITH SEASON GREENS)

TANDOORI KING PRAWN	£5.90
KING PRAWN PURI	£5.90
SALMON TIKKA	£5.90
FISH PAKORA	£3.90
HOT GARLIC FISH 	£4.90
Fillet of Bengal fish, coated with garlic and chilli sauce.	






## Vegetarian Appetisers

(SERVED WITH SEASON GREENS)

ONION PAKURA	£2.90
Deep fried onion and coriander fritter	
VEGETABLE SAMOSA	£2.90
Deep fried crispy leaves of pastry filled with fresh vegetables	
MUSHROOM PURI	£3.90
Sliced mushroom in sauce served with deep fried puri	
MUSHROOM ALOO LASOONI	£3.90
Spicy potato and mushroom cooked with garlic & coriander	

## Balti Dishes

Cooked with onion tomatoes and balti massala

CHICKEN BALTI	£6.90
CHICKEN MUSHROOM BALTI	£7.50
CHICKEN GARLIC CHILLI BALTI 	£7.50
CHICKEN TIKKA BALTI	£7.50
CHICKEN TIKKA SAG BALTI	£7.90
CHICKEN TIKKA MASSALA BALTI (MILD)  	£7.90
CHICKEN TIKKA MUSHROOM SAAG BALTI	£8.90
CHICKEN TIKKA JALFREZI BALTI 	£7.90
LAMB BALTI	£7.90
LAMB SAAG BALTI	£8.90
LAMB JALFREZI BALTI 	£8.90
PRAWN BALTI	£8.90
KING PRAWN BALTI	£10.90
KING PRAWN SAAG BALTI	£11.90

## Chef's Tawa Special

REGARDS ARE SPECIALIST IN TAWA DISHES. AUTHENTICALLY COOKED WITH DICED ONION, GREEN PEPPERS & REGARDS AROMATIC HERBS & SPICES.

TAWA TIKKA CHICKEN (Medium)	£7.50
TAWA TIKKA CHICKEN GARLIC CHILLI 	£7.90
TAWA TIKKA CHICKEN MUSHROOM (Medium)	£7.90
TAWA TIKKA CHICKEN MASSALA (Mild)  	£7.90
TAWA TIKKA CHICKEN MUSHROOM SAGWALA (Medium)	£8.90
TAWA LAMB JALFREZI 	£8.90
TAWA LAMB SAGWALA (Medium)	£8.90
TAWA PRAWN (Medium)	£8.90
TAWA KING PRAWN MUSHROOM SAGWALA & GARLIC	£11.90

## World Famous Dishes

JALFREZI 	CHICKEN or PRAWNS £7.90	LAMB £8.90
Very popular and exquisite dish cooked with selected spices, green chilli and pepper massala to give an exotic taste.		
TIKKA MASSALA (Mild)  	CHICKEN £7.50	LAMB £7.90
Marinated chicken or lamb barbecue cooked in fresh cream, coconut cream, ground almond.		
MURGH MAKHANI (Mild)  	£7.90	
Pieces of marinated chicken breast cooked with pistachio almond, cinnamon butter and a touch of ginger giving it a silky rich taste.		
JAIPURI	£7.90	
A very popular dish of Jaipur including chicken marinated and grilled in the tandoor, cooked with onion, capsicum, tomato, boiled egg, fresh massala, potatoes and coriander		
KORI GASSI (slightly hot) 	£7.90	
Chicken in a thin, spicy curry flavoured with roasted and ground red chillies, coriander seeds, coconut and garlic. Cooked in house special sauce.		
MURGH TIKKA MUSHROOM SAAG MASSALA (Mild)  	£8.90	
Diced chicken barbecue pieces cooked with cream, almond and tandoori massala sauce with mushrooms & spinach		
TIKKA DESI BHUNA (Medium)	CHICKEN or PRAWNS £7.90	LAMB £8.90
Bhuna dishes cooked with onion, tomatoes, garam masala and coriander,		
HOUSE SPECIAL	CHICKEN £7.90	LAMB £8.90
Chicken or lamb cooked with tomato, bay leaf and chefs special homemade sauce, strongly spiced but not hot making it a very tasty dish.		
MURGH ACHARI (Slightly Hot) 	£7.90	
Tender chicken marinated and cooked with fresh spices, chilli and pickle		

## Traditional Dishes

Bhuna

An authentic dish consisting of onions, tomatoes and peppers in a medium sauce.

Korma  

Very mild & sweet dish with coconut, sugar & fresh cream

Madras 

Hot south indian dish cooked with a wide range of spice

Rogan

Medium hot cooked with various herbs & spices garnished with a layer of onions, tomatoes & Peppers

CHICKEN	£6.90
LAMB	£7.90
PRAWN	£7.90
CHICKEN TIKKA	£7.90
KING PRAWN	£10.90

Dansak

Slightly hot cooked with pineapple, lemon, lentils & hint of chilli to give a distinctive sweet soar taste

Dupiaza

Cooked with diced onions & peppers consisting of a medium spiced sauce

Rathia

Slightly hot cooked with peppers, hint of chilli, fresh tomato puree sauce to give it a sweet sour taste

Naga 

Hot naga pickle in a south Indian dish cooked with a wide range of spices

## Tandoori Grills

CHICKEN TIKKA 	£7.90
Marinated chicken freshly spiced in yoghurt, lemon juice, coriander and a selection of aromatic herbs, served with fresh salad	
TANDOORI CHICKEN 	£7.90
Marinated Chicken on bone cooked in clayoven served with fresh salad	
CHICKEN SHASHLIK 	£8.90
Marinated chicken cooked in the clay oven with onion, tomato, green pepper and all spices served with fresh salad	
REGARDS PLATTER 	£9.90
Marinated chicken, Lamb, Tandoori Chicken, Kebab, Cooked in the clay oven, served with fresh salad	
TANDOORI KING PRAWN 	£11.90
Marinated Tiger prawns cooked in the clay oven, served with Fresh salad	

## Biryani Dishes

BASMATI RICE TREATED TOGETHER WITH YOUR SELECTION OF CONTENTS DELICATE HERBS AND SPICES, SERVED WITH A VEGETABLE SAUCE

CHICKEN OR LAMB OR PRAWN BIRYANI	£7.90
CHICKEN TIKKA BIRYANI	£8.90

## Vegetarian Main Dishes


SABZI MILLI JHOOLI (medium)	£6.90
A selection of fresh vegetables hand picked by the chef and cooked with herbs and spices	
MUSHROOM & POTATO (medium)	£6.90
Cooked with tomato, garlic, ginger and garnished with fresh coriander	
MASSALA VEGETABLE (mild) 	£6.90
Seasoned mixed vegetables cooked with creams almonds and masala sauce	
JALFREZI VEGETABLE 	£6.90
Cooked with garlic, pepper, green chillies and blended with Regards spices	

Any dish which is not mentioned in the menu we are able to make it for you.

## Side Vegetables

<b>ALOO GOBI (Dry)</b> Potato & cauliflower cooked with onion, tomato, ginger & fresh spices	£3.20
<b>TAZZEE BHINDI (dry)</b> Fresh lady fingers cooked with onion & slightly spiced	£3.50
<b>MUSHROOM BAJEE</b> Fresh Mushrooms Cooked With Tomatoes, Garlic, Ginger & A Mixture Of Spices	£3.20
<b>BOMBAY POTATO</b> Fresh spice potatoes cooked in out tangy sauce	£3.20
<b>SAG PANEER</b> Fresh spinach cooked with fresh Indian cheese	£3.90
<b>SAG ALOO</b> Fresh spinach with potatoes, coriander and spices	£3.20
<b>TARKA DHAL</b> Fresh lentils with coriander, garnished with garlic	£3.20

## Tandoori Breads

<b>NAN</b> (plain bread) 	£2.20
<b>GARLIC NAN</b> (garlic bread) 	£2.90
<b>CHILLI CORIANDER NAN</b> (hot & spicy bread) 	£2.90
<b>PESHWARI NAN</b> (coconut, almond & honey bread) 	£2.90
<b>KEEMA NAN</b> (spicy lamb mince bread) 	£3.50
<b>KULCHA NAN</b> (onion bread) 	£2.90
<b>TANDOORI ROTI</b> (clay oven roti)	£2.50
<b>CHAPATI</b> (thin roasted wholemeal bread)	£1.00
<b>FRIES</b>	£2.50

## Rice

<b>BASMATI PILAU RICE</b> (cooked with zeera seeds and garlic)	£2.50
<b>BOILED RICE</b> (fluffy steamed rice)	£2.30
<b>FRIED RICE</b> (steamed rice cooked with salt and onions)	£2.50
<b>MUSHROOM RICE</b> (cooked with mushrooms and basmati pilau rice)	£3.20
<b>VEGETABLE RICE</b> (cooked with vegetable spices and basmati pilau rice)	£3.20
<b>LEMON GARLIC rice</b> (with fresh lemon, garlic, onion & steamed rice)	£3.20
<b>SPECIAL FRIED RICE</b> (steamed rice cooked with onion, fresh egg & peas)	£3.20
<b>PEAS PILAU RICE</b> (basmati pilau rice cooked with peas, onion & coriander)	£3.20



## Promotion Deal

Sun, Mon, Tuesday & Wednesday

Any Starter  
Any Main  
Choice of Rice or Nan  
Coffee & Mint  
**£13.95**

Dining in Only

T&C Apply

Opening Time:

**Sun - Thurs: 5.30pm - 11.30pm**  
**Fri - Sat: 5.30pm - 12am**

Home Delivery Available

Within 2 miles radius with £2 charge  
Over 2 miles Additional Charges Apply  
**Minimum Order £15.00**

We also provide offsite catering for any occasions tailored to your needs

Slightly Hot: 

Hot: 

Contain Nuts: 

Dairy: 

ANY FOOD ALLERGIES. PLEASE ASK A MEMBER OF STAFF  
-Peanuts -Nuts -Crustaceans -Shellfish -Molluscs -Fish -Eggs -Milk  
-Cereals Containing Gluten -Soya -Sesame Seeds -Celery -Mustard  
-Lupin -Sulphur Dioxide

BRITANNIA DESIGN & PRINT 0121 707 1333

Takeaway & Delivery Menu

**Regards**  
Luxury Asian Cuisine

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