

We are delighted to welcome you to Regards to try our extensive range of wonderful dishes. We have many of your favourites alongside a careful selection of our chef's recommendations. We maintain a high quality of daily fresh cooking all beautifully prepared and remaining true to the regional cuisine of Asia. We like to believe that we have created a restaurant for tomorrow, we are all dedicated to ensuring you enjoy your meal from Regards group.

Something to Start *Traditional Starter*

PAPADOM (Plain or Spiced) with chutney	80p
PANEER TIKKA	£4.90
CHICKEN PURI	£4.50
KING PRAWN PURI	£5.90
MUSHROOM PURI	£3.90
ONION PAKURA	£2.90
LAMB or VEGETABLE SAMOSA	£2.90
CHICKEN TANDOORI	£3.50
CHICKEN TIKKA	£3.50
SHEEK KEBAB.....	£3.50
LAMB TIKKA.....	£4.90
MIXED KEBAB	£4.90
TANDOORI KING PRAWN	£5.90
SALMON TIKKA	£4.90
CHICKEN PAKORA.....	£3.50
MURGH SHASHLIK	£4.50

House Special Starters

1. TANDOORI FISH..... £4.90
Indian ocean fish marinated with herbs and spices, grilled in the tandoor and served with salad.
2. MURGH LASOONI LAZEEZ..... £4.50
Boneless chicken marinated in yoghurt, spice, garlic paste and cheese Cooked in clay oven.
3. MUSHROOM ALOO LASOONI
 £3.90 || Spicy potato, mushroom, cooked with garlic, coriander herbs and spices. | |
| 4. REGARDS PLATTER..... | for 2 £8.90 for 4 £16.90 |
| Selection of tandoori barbecue, lamb chop, tandoori chicken, chicken tikka, Kebab & fish. | |
| 5. KODI VEPUDU | £4.90 |
| Sliced pieces of chicken breast, served in a robust yoghurt & curry leaf, in a sweet and sour taste | |
| 6. HOT GARLIC FISH..... | £4.90 |
| Fillet of Bangladeshi fish, cooked with chilli, onion & flavoured with garlic | |
| 7. BARRAH CHOPS | £4.90 |
| Selected cuts of lamb chops, marinated overnight, spiced with crushed garlic, grounded chillies, cloves, coriander, mustard and yoghurt. Cooked in tandoor. | |

Regards Tawa Chef's Specials

(Regards are specialist in Tawa dishes, authentically cooked with onion, green pepper, strongly spiced & herbed served on a sizzling pan)
(We are the first Restaurant in Birmingham who introduce Tawa)

TAWA TIKKA CHICKEN	£8.50
TAWA TIKKA CHICKEN GARLIC CHILLI <i>Hot</i>	£8.90
TAWA TIKKA CHICKEN JALFREZI <i>Hot</i>	£8.90
TAWA TIKKA CHICKEN MASSALA (<i>contains nuts</i>)	£8.90
TAWA TIKKA CHICKEN MUSHROOM SAGWALA	£9.90
TAWA LAMB	£9.90
TAWA LAMB JALFREZI <i>Hot</i>	£10.50
TAWA LAMB SAGWALA.....	£10.50
TAWA REGARDS SPECIAL	£10.50
TAWA KING PRAWN	£12.90
TAWA KING PRAWN MUSHROOM SAGWALA.....	£13.90
TAWA TANDOORI ZHINGA JALFREZI <i>Hot</i>	£13.90

Seafood Main Courses

SALMON BAHAR	£13.90
Pieces of salmon marinated with tandoori masala sauce, fried & cooked with onions, tomatoes & green peppers, served with pilau rice and salad.	
BENGAL FISH SPECIAL <i>Hot</i>	£12.90
Fillets of Bangladeshi fish marinated, lightly spiced & grilled. Garnished with fresh chillies, coriander & fried onions. Served with pilau rice & salad.	
MACHLI JULL <i>Hot</i>	£12.90
Fillets of Bengal fish marinated with spice fresh coriander cooked in sauce served with Basmati Rice.	
SALMONTARKARI	£12.90
Salmon fish cooked in spicy sauce with fresh tomato and potatoes served with Basmati Rice	

Please note that some fish dishes may contain small bones. Type of fish depends on availability.

Chef's Exclusive Dishes

1. MURGH JAIPURI	£9.90
Slices chicken, tomato, capsicum & egg cooked in a tangy sauce, herbs & spices.	
2. COPSILA SPECIAL	£12.90
Tender diced spring chicken, tandoor king prawns cooked with fresh coriander and tomato.	
3. ANARKALI BAHAR	£13.50
Chicken tikka, lamb tikka, tandoori chicken and tandoor king prawn cooked with chef special spices and herbs.	
4. MURGH ACHARI <i>Slightly Hot</i>	£9.90
Tender chicken marinated and cooked with fresh spices, chilly and pickle.	
5. SHAHI SIZZLING (Lamb or Chicken)	£10.90
Chicken or Lamb, cooked with strong spices, chef own made sauce, serve in Sizzlet.	
6. JHINGA KALIMIRCH <i>Hot</i>	£12.90
King prawns stir fried with curry leaves, mung lentils, freshly crushed black peppercorns, onions and bell peppers, topped with grated coconut. A hot dish.	
7. KORI GASSI <i>Slightly Hot</i>	£9.90
Chicken in a thin, spicy curry flavoured with roasted and ground red chillies, coriander seeds, pepper corns, cumin, coconut and garlic, finished with Tamarind pulp.	
8. JHEENGA HARA PYAZ	£12.90
Succulent King Prawn cooked with onions and tomatoes flavoured with Spring onions and fresh garlic	
9. SOUTH INDIAN GARLIC CHILLI CHICKEN	£9.90
Chicken cooked with hot spices and flavoured with fresh garlic and green chilli, coriander herbs and spices	

Vegetable Specialities (main meals)

BENGAL VEGETABLE	£6.90
MASALLA VEGETABLE (<i>contains nuts</i>)	£6.90
KURMA VEGETABLE	£6.90
JALFREZI VEGETABLE <i>Hot</i>	£6.90
BALTI VEGETABLE	£6.90
BIRYANI VEGETABLE OR MUSHROOM	£7.50
TAWA VEGETABLE	£6.90
TAWA PANEER SAGWALA	£7.50
TAWA SAAG ALOO DHALWALA	£7.50

Tandoori Oven

(The following dishes are served with rice & salad,
Marinated chicken, meat or prawn, cooked in clay oven)

CHICKEN TIKKA	£8.90
TANDOORI CHICKEN	£8.90
CHICKEN SASHLIK	£9.90
LAMB TIKKA	£9.90
TANDOORI PLATTER (<i>served with nan bread</i>)	£10.90
FISH TANDOORI	£10.90
TANDOORI KING PRAWN	£13.50

Chef's Recommendation Dishes

CHICKEN TIKKA MASSALA (<i>contains nuts</i>).....	£8.90
CHICKEN JALFREZI <i>Hot</i>	£8.90
CHICKEN TIKKA MUSHROOM SAAG MASSALLA (<i>contains nuts</i>).....	£9.90
CHICKEN MASALLAM	£9.50
CHICKEN MAKHANI (<i>contains nuts</i>)	£9.90
NAWABI PASSANDA (<i>chicken or lamb</i>) (<i>contains nuts</i>)	£9.90
LAMB TIKKA JALFREZI <i>Hot</i>	£10.90
LAMB TIKKA MASSALLA (<i>contains nuts</i>)	£9.90
LAMB TIKKA BHOONA	£9.90
REGARDS ZHINGA BHOONA	£12.90
REGARDS ZHINGA MASSALLA (<i>contains nuts</i>).....	£12.90
REGARDS ZHINGA JALFREZI <i>Hot</i>	£12.90
HOUSE MURGH SPECIAL	£9.90
HOUSE LAMB SPECIAL	£10.90
HOUSE BIG PRAWN SPECIAL	£14.90
NAGA CHICKEN (<i>very hot</i>)	£9.90

Flavoured hot naga chilli giving a unique aroma.

Balti Dishes

Balti one of the most popular dishes, cooked in a wok
With fresh herbs & spices.

BALTI CHICKEN.....	£7.90
BALTI CHICKEN & MUSHROOM.....	£8.90
BALTI CHICKEN TIKKA.....	£8.50
BALTI CHICKEN TIKKA SAGWALA	£8.90
BALTI CHICKEN TIKKA MASSALLA (<i>contains nuts</i>).....	£8.90
BALTI CHICKEN TIKKA MUSHROOM SAGWALA	£8.90
BALTI CHICKEN GARLIC CHILLI <i>Hot</i>	£8.90
BALTI CHICKEN TIKKA JALFREZI <i>Hot</i>	£8.50
BALTI LAMB	£8.50
BALTI LAMB SAGWALA.....	£8.90
BALTI LAMB JALFREZI <i>Hot</i>	£8.90
BALTI PRAWN	£8.90
BALTI KING PRAWN	£11.90
BALTI KING PRAWN MUSHROOM SAGWALA.....	£12.90

Regards Combination Dishes

The following selection is for you to sample two curries in small portions. You can mix and match the dishes of your choice.

1. MURGH MAKANI <i>Mild</i> (<i>contains nuts</i>)	LAMB JALFREZI <i>Hot</i>	£9.90
2. MURGH SAGWALA <i>Med</i> ..	CHINGRI PATHIA (<i>Prawn</i>) <i>Slightly Hot</i>	£9.90
3. MACHLI JULL (<i>fish</i>) <i>Medium</i>	MURGH ROSHUNI <i>Medium</i>	£9.90
4. LAMB SAGWALA <i>Medium</i>	MURGH MUSHROOM <i>Medium</i>	£9.90
5. MURGH JALFREZI <i>Hot</i>	LAMB ROGAN <i>medium</i>	£9.90
6. MURGH MADRASAI <i>Hot</i>	SHAHI KURMA <i>mild</i>	£9.90
7. MURGH MASALLA <i>mild</i> (<i>contains nuts</i>).....	MURGH ACHARI <i>medium</i>	£9.90
8. PANEER SAGWALA <i>medium</i>	SABZI MASALLA <i>mild</i>	£9.90
9. MURGH KALIMIRCHI <i>Hot</i>	LAMB PYAZI <i>medium</i>	£9.90
10. MURGH BANARASI <i>medium</i>	SHAHI CHASNI <i>mild</i>	£9.90

Hyderabadi Biryani Dishes

Basmati rice treated together with your selection of contents in pure ghee with delicate herbs and spices, served with mixed vegetable masalla.

CHICKEN, LAMB OR PRAWN BIRYANI	£9.50
CHICKEN TIKKA BIRYANI	£10.50

Traditional Dishes

Madras (Hot)

CHICKEN	£7.90	PRAWN	£7.90
LAMB	£8.50	KING PRAWN	£11.90

Bhoona (medium spiced dish cooked with onions and tomato)

CHICKEN	£7.90	PRAWN	£7.90
LAMB	£8.50	KING PRAWN	£11.90

Dupiaza Medium spiced dish, cooked with extra onion and green peppers

CHICKEN	£7.90	PRAWN	£7.90
LAMB	£8.50	KING PRAWN	£11.90

Rogan Medium spiced dish, topped with tomatoes

CHICKEN	£7.90	PRAWN	£7.90
LAMB	£8.50	KING PRAWN	£11.90

Dhansak Slightly hot sweet and sour dish cooked with lentils

CHICKEN	£7.90	PRAWN	£7.90
LAMB	£8.50	KING PRAWN	£11.90

Pathia Hot sweet and sour dish cooked with tomato puree

CHICKEN	£7.90	PRAWN	£7.90
LAMB	£8.50	KING PRAWN	£11.90

Kurma Mild dish cooked with cream and almonds (contains nuts)

CHICKEN	£7.90	PRAWN	£7.90
LAMB	£8.50	KING PRAWN	£11.90

Any dish of your preference not listed on this menu can be prepared on request

Accompaniments

(All vegetable are freshly made)

MIXED VEGETABLE BHAJEE	£3.50
BINDI BHAJEE (Okra)	£3.70
ALOO GOBI (Potato & Cauliflower)	£3.50
SAG PANEER (Spinach & Home made cheese)	£3.90
SAG GARLIC (Spinach)	£3.50
BOMBAY POTATOES	£3.50
MUSHROOM BHAJEE	£3.50
SAG ALOO (Spinach & Potato)	£3.50
MATOR PANEER (chick peas & cheese)	£3.90
TARKA DHALL	£3.50
CHANA BHOONA (chick peas)	£3.50
RAITHA (yoghurt with cucumber)	£2.00

Home made breads

NAN (Tandoori Bread)	£2.30
PESHWARI NAN (sweet)	£2.90
KEEMA NAN (with Lamb)	£2.90
KULCHA NAN (with onion)	£2.90
GARLIC NAN	£2.90
CHILLI & CORIANDER NAN	£2.90
CHEESE NAN	£2.90
PARATA	£2.90
TANDOORI ROTI	£1.90
CHAPATI	£1.40
CHIPS	£2.00

Rice Dishes

BASMATI PILAU RICE	£2.70
BOILED RICE	£2.50
FRIED RICE	£2.70
MUSHROOM PILAU RICE	£3.20
PEAS PILAU RICE	£3.20
SPECIAL FRIED RICE	£3.20
VEGETABLE PILAU RICE	£3.20
LEMON & GARLIC RICE	£3.20
KEEMA PILAU RICE	£3.50